

restore balance this morning

Our SuperFoods breakfast menu features revitalizing dishes made from powerhouse ingredients rich in nutrients, antioxidants and delicious taste so you can start your day feeling recharged.



superfoods**

		nuts
blueberries	tomatoes	oats
oranges	soy	yogurt
apples	broccoli	salmon

breakfast table

Seasonal fruits and berries, yogurt, steel cut oatmeal, whole grain cereals, all natural granola. Scrambled eggs*, smoked bacon, sausage links and breakfast potatoes. Bakery selections, bagels with cream cheese. Selection of breakfast juices, fresh brewed starbucks® coffee and assorted teas 26.00

invigorate

steel-cut cinnamon-scented oatmeal 
hot steel-cut oatmeal, sliced banana, pecans
and honey drizzle 10.50

whole-grain cereal or crunchy
all natural granola

seasonal berries or sliced banana, soy milk available 9.50

market-fresh cut fruit and berries 
a bountiful selection of the season's best 12.50

blueberry, orange, banana
and green tea smoothie 
energizing immune-boosting blend 9.00

berry, apple and granola muesli 
low-fat vanilla yogurt, banana, walnuts,
pomegranate essence 12.50

rejuvenate

poached organic eggs,
smoked salmon "benedict"*** 
wilted spinach, English muffin,
olive oil citrus hollandaise 19.00

egg white-scrambled grilled
chicken panini 
pepper jack cheese, whole-grain bread,
cured tomato and arugula 14.50

whipped egg white omelet with
broccoli and cheddar 
crisp hash browns or field greens 16.50

smoked salmon, tomato and avocado
toasted bagel, micro greens and cream cheese 17.50

blueberry orange granola pancakes 
citrus berry salad, maple syrup
and whipped butter 17.00

indulge

griddled turkey hash and organic eggs*
blended with sweet potatoes, tomato arugula salad 17.50

grilled ham and eggs*
organic eggs done your way, crisp hash browns and choice
of toast (change to bacon or sausage if you like) 15.50

scrambled egg,
turkey and cheddar wrap 
rolled with avocado in soft tortilla, chipotle salsa 17.00

crisp belgian waffle
seasonal berries, whipped cream
and warm maple syrup 17.00

options

bagel with philadelphia®
cream cheese 6.50

bowl of field-grown berries 
a bright mix of the season's best 8.50

fresh-baked pastry basket
butter and preserves 7.50

crusty hash brown potatoes 6.50

low-fat yogurt 
choose from fruit, berry or plain 7.00

crisp smoked bacon, breakfast links
or grilled ham 7.00

revive

freshly brewed starbucks® coffee
regular or decaffeinated 5.50

assorted tea 5.50

juice
orange, grapefruit, apple, cranberry or tomato 5.50

milk
non-fat, 2%, soy, or chocolate 4.00

 SuperFoods signature dishes have been indicated with the SuperFoods logo.

*Consuming raw or undercooked meats, seafood, shellfish, or eggs may increase your risk of food-borne illness.
***These nutritional powerhouse foods can help extend your health span - the extent of time you have to be healthy,
vigorous and vital." - Dr. Steven Pratt, author of SuperFoods Rx: Fourteen Foods That Will Change Your Life.
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